

# **2018 Dairy: Harvest** of the Month Contest!



Show us how YOU celebrate Dairy: Harvest of the Month and you could WIN a dairy farm tour!

### To Enter:

Email photos, along with a description of how you celebrated to <a href="MEDFC@newenglanddairy.com">NEDFC@newenglanddairy.com</a>
by April 6, 2018.

One lucky school will be randomly selected to win a field trip to a local dairy farm for up to **25 students** and **5 chaperones**!

## THE 2017 FARM TOUR CONTEST WINNER:

Frank M. Silvia Elementary School in Fall River, MAI





TIP: Flip over to see how some Dairy: Harvest of the Month schools participated last year!

For more great Dairy Farm to School resources, visit NewEnglandDairyCouncil.org

# Looking for ideas? Check out these creative 2017 contest submissions:

#### Ashfield Middle School, Brockton



Students prepared and sampled the Peaches N' Cream Waffle Dunkers, a breakfast recipe from National Dairy Council.

The school's Healthy Eating Club promoted the event prior to the celebration day by creating posters and reading dairy facts on the loud speaker during the morning announcements!

#### Plympton Elementary School, Waltham





This school worked with a local chef to create a new dairy-based recipe called "Fun-fetti" yogurt parfait sundaes! Yogurt, fresh fruit, and whole grain waffles helped put a healthy, eye-catching spin on these tasty breakfast treats!

#### **Chicopee Public Schools**



Chicopee celebrated both dairy and St. Patrick's Day with a taste test of their delicious, bright green Shamrock Smoothies. They were made with spinach, orange juice, peaches, bananas, and local yogurt. One student proclaimed that his smoothie was so good it made his taste buds explode!

#### Ford Middle School, Acushnet



Ford Middle School got creative and made their own mozzarella cheese to use in their grilled cheese sandwiches! Students were offered a choice of spinach and artichoke, pizza, or ham and Swiss grilled cheese sandwiches, and they voiced their taste bud preferences in a survey!

TIP: See reverse side for details about the 2018 Dairy: Harvest of the Month Contest!