



Pear Ginger Parfait

Servings: 16

Ingredients

- 2 lbs of Pears
- 1 cup of Orange Juice
- 1 TB of Ground Cinnamon
- 1 TB of Ground Ginger
- 2 Quarts of Vanilla Yogurt
- 4 cups of Blueberries, Frozen
- 4 cups of Granola cereal

Directions

1. Pear Compote:
2. Add pears, orange juice, ginger, and cinnamon to a pot.
3. Simmer on medium heat for 30 minutes.
4. Set aside, let cool. Once cool, puree.
5. Building the Parfait:
6. Place 4 oz vanilla yogurt in a 9 oz cup
7. Add 2 TB of pear compote
8. Add 1/4 cup blueberries
9. Add 1/4 cup granola cereal

Recipe courtesy of Lowell Public Schools